



Building Stronger Bodies and Minds

QuaverHealth presents an innovative and school-wide approach to health skills instruction and physical education for K through 5th grade. Districts can acquire TEKS-aligned, online curriculum that meets the needs of today's educators.

For more than 10 years QuaverEd has supported skills-based instruction with high-quality multimedia, interactive resources. We are proud to provide these engaging resources across the four dimensions of health: physical, emotional, social, and intellectual.

Multi-Disciplinary Guidance

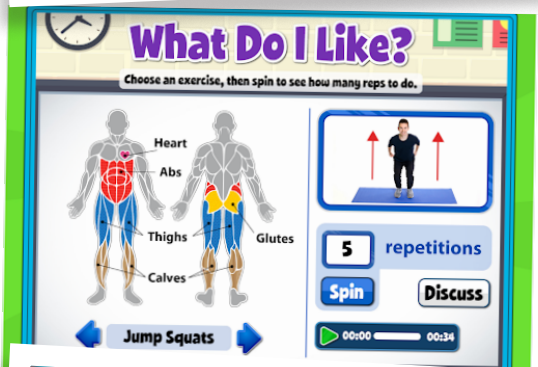
QuaverHealth was developed with input from experts in medicine, physical education, personal hygiene, nutrition, child safety, and early childhood development. All lessons undergo a rigorous review by our Medical Advisory Panel and Review Board, as well as our Diversity, Equity, and Inclusion Committee to ensure we remain guided by experts and health educators.

Aligned to Health and PE TEKS

Our lessons are aligned to the K-5 Health and Physical Education TEKS. Lessons come to life through interactive elements, games, and 37 original, upbeat songs. Each lesson is age and developmentally appropriate, taking into account children's physical, emotional, social, and intellectual growth over time.

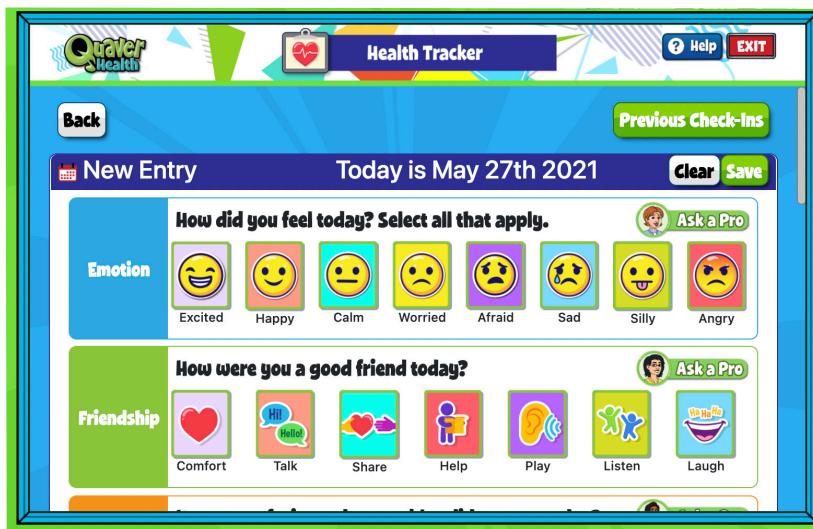
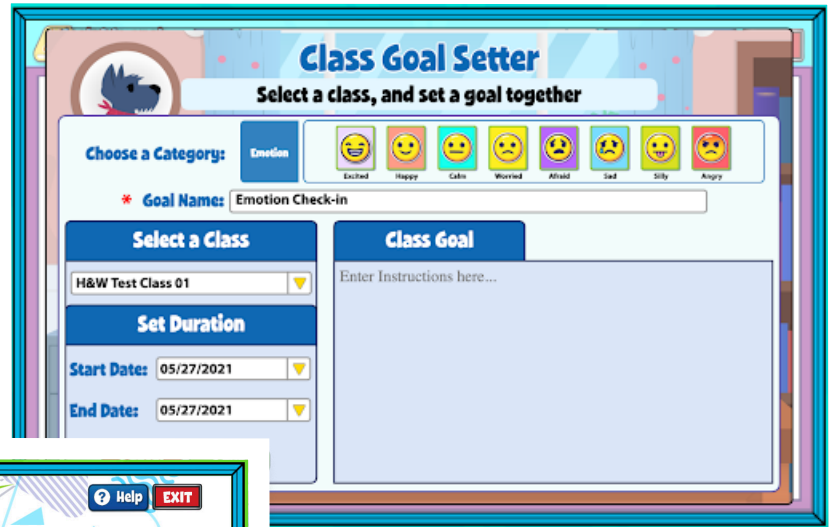
Easy and Flexible for the Whole School

QuaverHealth is easy to use for anyone teaching health and/or PE. We provide you the tools you need for easy planning, customization, and instruction. QuaverHealth offers classroom adaptations and differentiated teaching suggestions to engage all learners and to offer school-wide support.



Rich in Functionality

With unlimited student accounts, QuaverHealth supports progress monitoring and skills attainment. Quaver offers Single Sign On and Roster Integration. Even more, student accounts enable more consistent support for educators and families.



Effective In Fostering Personal Advocacy

QuaverHealth curriculum goes beyond simply introducing health concepts. Lifelong health starts with helping children practice making responsible health choices and learning to advocate for their own health needs. QuaverHealth promotes personal accountability, goal setting, and healthy habits tracking for students through an age-appropriate Health Tracker. Further, lesson topics such as decision making, bullying and cyberbullying, and online safety are provided to support educators.



For more information, reach out to your Quaver Key Account Rep, Carlie Phillips, directly at CarliePhillips@QuaverEd.com or (731) 697-7809.