



# MOVEMENT MADNESS 2024



## Songs with Movement

Balance and Nutrition

Four Dimensions of Health

Healthy Choices

Balloon Bonanza

## Games

### Semifinal

March 11-March 22

Four Dimensions of Health

Balloon Bonanza

Balloon Bonanza

### Semifinal

March 11-March 22

Wacky Warm-ups

Under the Sea

Under the Sea

## Warm-Up

Go, Collect, Play

Wacky Warm-ups

Cool Down Your Body

Under the Sea

## Cool Down

### Championship

March 25-March 29

Movement Madness Champion

April 1



First Round

February 26-March 8

First Round

February 26-March 8

Visit [QuaverEd.com/MovementMadness](https://www.QuaverEd.com/MovementMadness) each week to cast your ballot and learn more about Movement Madness!